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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 6-K

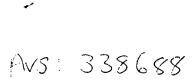
REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13a-16 OR 15d-16 UNDER THE SECURITIES EXCHANGE ACT OF 1934

For the month of	MARCH		, 20 <u>02</u>	
		SPIREN	T plc	
<u> </u>	(Translati	on of registrant's	s name into English)	
Spirent House, Crawle	ey Business Quarter, F	leming Way	y, Crawley, West Sussex RH10 9QL, UK	
	(Addre	ess of principal e	executive office)	
[Indicate by check mark wh	nether the registrant files or	will file annual	al reports under cover of Form 20-F or Form 40-F.	
Form 20-F X	Form 40-F			
			e Securities Exchange Act of 1934 Yes No	
[If "Yes" is marked, indicate	e below the file number assi	igned to the re	egistrant in connection with Rule 12g3-2(b):	
82]				
		SIGNATU	JRES	
Pursuant to the requirement behalf by the undersigned,		ige Act of 1934	4, the registrant has duly caused this report to be signed	f on it
			JOSEPHINE GOMM	
			(Registrant)	
Date <u>& MARC</u>	H 2002	Ву	Slove	
			(Signature) *	

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THOMSON P FINANCIAL





07 March 2002

Dear Sirs

Spirent plc - NOTIFICATION OF DEEMED INTERESTS BY DIRECTORS

Spirent QUEST Limited, the trustee and registered shareholder for the Spirent Employee Benefit Trust, has today disposed of the following Ordinary shares in Spirent to satisfy the exercise of options under the Company's SAYE Share Option Scheme:

No of Shares	Option Price
14,607 @	1.0856
1,538 @	1.0357
16,145	

Following this disposal the total number of shares held by the Trust is 3,853,376 shares (representing 0.41280% of the issued share capital).

Nicholas Brookes and Eric Hutchinson, both Directors, are potential beneficiaries of the Trust (together with all other employee share option holders) and are therefore treated under the Companies Act 1985 as having a deemed interest in the total number of shares held by the Trust. As a result, the Directors' deemed interests in the Trust have been reduced by the above number of shares disposed of.

For the avoidance of doubt, the Company confirms that this notification does not relate to an actual dealing in securities by the said Directors whose beneficial interests in the Company remain unchanged notwithstanding the above events.

If you have any queries, please do not hesitate to contact the writer (Tel 01293 767656).

Yours faithfully,

Jo Gomm

Assistant Company Secretary